Great Harvest 15 miler

Lake Woodlands to Cochrans Crossing, left on to Alden Bridge, across Research, follow path around the Alden Bridge loop (old RTW 5K course), stay on Alden Bridge, across Research again to Branch Crossing (left), right on Terramont to W Branch Crossing across Woodlands Pkwy, W Branch Crossing to Ashlane Way to Woodlands Pkwy sidewalk to Flintridge, Kuykendahl across Woodlands pkwy to Great Harvest.