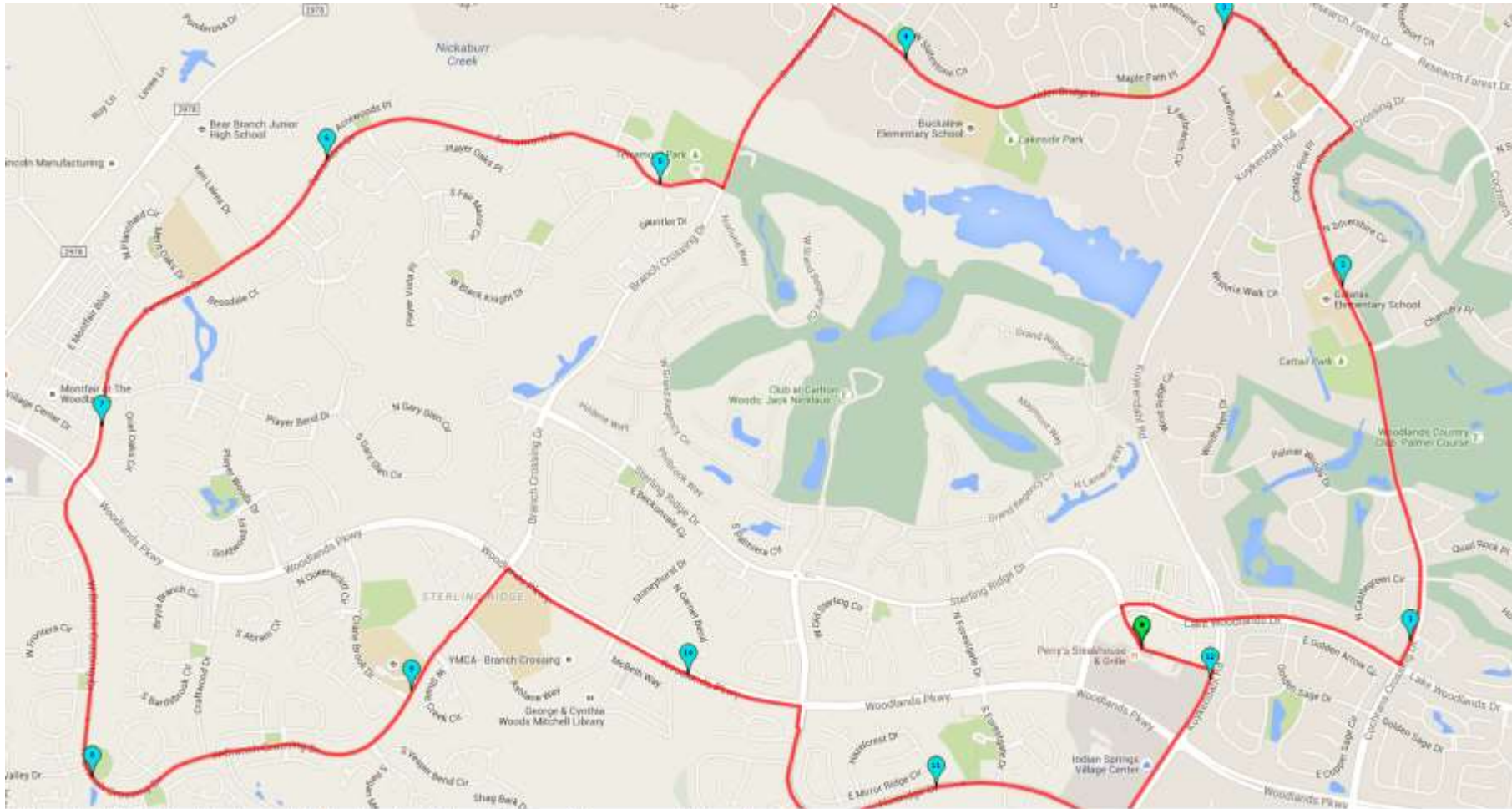


Great Harvest 12mile Loop

Lake Woodlands to Cochrans Crossing, up to Bay Branch to Alden Bridge to Branch Crossing (right on Terramont for long route, straight and left on Sterling Ridge back to Great Harvest for shorter) Terramont to W Branch Crossing across Woodlands Pkwy, W Branch Crossing to Ashlane Way to Woodlands Pkwy sidewalk to Flintridge, Kuykendahl across Woodlands pkwy to Great Harvest.



Source Route Kevin Baker 8/17/2015 12mile Loop <http://www.usatf.org/routes/view.asp?rID=567188>

Could do an out and back to Terramont for approximately 9mile run. Those looking to extend for Marathon training can do 12+ by staying on Flintridge to Gosling to Lake Woodlands and back to Great Harvest, or even longer, stay on Flintridge to S Panther Creek to E Panther Creek to Lake Woodlands and back. water-stops: Cattail Park (about mile 2), Maple Glade Park (about mile 3.25), Lakeside Park (about mile 3.5), Slatestone Park (about mile 4.1), Terramont Park (mile 4.7), Winterra Park (mile 5.8), Star Ridge Park (mile 7.7), Artist Grove Park (mile 8.5), Mirror Ridge Park (mile 10.8), Forrest Gate Park (mile 11.2)