

TWRC Maps – 5-15 mile run from Sterling Ridge Starbucks, Woodlands Texas (Tour de Flint Ridge)

From Starbucks, Kuykendahl, East on Flint Ridge to the Flint Ridge Drive trailhead at the George Mitchell Nature Preserve and then run the Nature Preserve loop (about 1.7 miles), We then run West on Flint Ridge and run the small neighbors on the South side of Flint Ridge. Left into each neighborhood, turn right, and then keep turning right. Each neighborhood is .5-1.8 miles with "hills" (relative to the Woodlands). Turn back when you want. While there are the usual water stops, you might want to bring water for this one.

