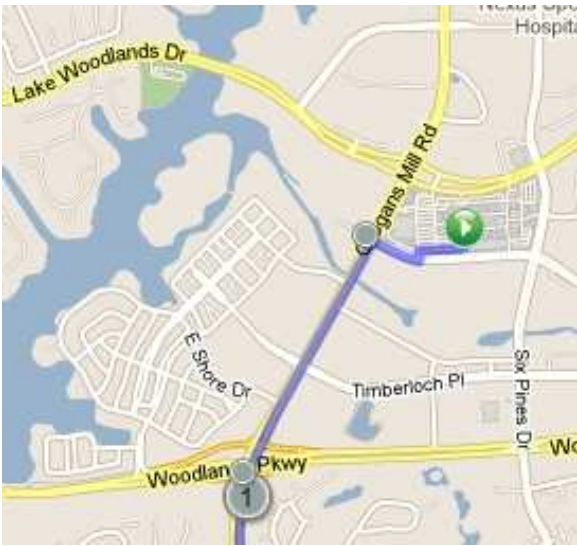


Market Street to Grogans Point Map
 (~6, ~8.5, ~11.5 mile out and back loop)



Directions

- Start at Market Street at Starbucks
- Run west towards Grogans Mill Rd.
- Turn left (south) on Grogans Mill Rd.
- Stay on the path on the east side on Grogan's Mill Rd.
- Continue on Grogan Mill Road, go under Woodlands Parkway (~1 mile)
- CAREFULLY cross the street (going west) at the light at Grogans Mill and NORTH Millbend
- Follow North Millbend around, go pass the Woodlands Resort and Conference Center on the left, continue pass the Nature Trail entrance on the Right
- Wind around until you come to a point where the golf course crosses the street. Take the walking path on the left side of the street but keep right\south – NOT towards the golf club
- Follow the path down to the restrooms on the golf course.
- Continue on the golf course path OR if golfers present, take the walking path just east of the golf course.
- Either way, go south towards the golf course bridge over Sawdust Rd. (bridge is ~3 mile point).
- At bridge you can turn around and go back here for ~6 mile course
- Take the bridge over Sawdust, go left or right but remain on the golf course path going south
- Continue to the water stop on the golf course
- After the water stop, continue on the golf path but keep left (south)
- Continue just passed the 12th hole tees, exit where the golf course path crosses the street. Find Grogans Point Park across the street for water and bathrooms. About the 4.25 mile point here.
- At this point, you can turn around and go back OR add another 3.1 miles by running the old Grogans Point Spring Fever 5K course

Old Spring Fever 5K add-on for 11.5 miles total

- Exit park and turn right on Grogans Point road.
- Take North Tranquil Path right.
- N. Tranquil Path turns into South Tranquil Path.
- Turn left on to Red Sable.
- Turn right back on to Grogans Point road.
- Stop at park again for water\bathrooms.
- Take golf course back to North Millbend and start.

